

**Foreword for "A new Chapter" by Dana Mrkich written by  
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March 2007**

## Foreword

One day after a long period of time since our last contact I decided to send Dana an email. In her reply she asked me if I would like to write an endorsement for her new book. Once more my strong belief in guidance was confirmed. I feel deeply honoured by her request and I am pleased to convey to you, the reader, my thoughts on this book.

Curious, and with great expectations, I began reading Dana's book and found myself halfway through in no time. Zealously I made notes and marked those pages that I wanted to review. My initial enthusiasm began to converge into feeling the depth and the spirit in which Dana writes. Heart, soul and intellect seemed to mould into one entity – the great love toward humanity. With every phrase it becomes evident that she not only feels what she writes, but has to a great extent also lived and experienced it.

Dana Mrkich takes us on a journey to our 'True Self'. She succeeds in placing us from the passenger's into the driver's seat. We feel the content and the power within her phrases and begin to compare her observations with our own lives. And what can be more satisfying than when the author succeeds in bringing about the feeling and perceiving of one's own life, not superficially, but in all its dimensions?

The title of Dana's new book, *A New Chapter*, could not have been chosen more appropriately. The 'New Chapter' of humanity is already unfolding in front of us and it is up to us to collectively write it so that it may come to a good end. A great change in Consciousness is not only necessary, but is well underway and has been for some time now. Initially slow, this change has increased in momentum in more recent times. The power of evolution, the force of nature, the resistance of Mother Earth to her abuse, and enforcement of her right of conscientious use are, of late, all proof of this development.

A few years ago a good friend of mine said to me: 'Sometimes Earth trembles. It is then that we recall that she exists, that she is an organism like us, that she lives!'

In her book, Dana focuses her effort on indicating that, contrary to all pessimistic scenarios, we are in a position to collectively preserve and ensure the sustained development of our planet. Individual development leads to collectivity in human development. Dana brings it to the point and provides ample proof of why awareness and a new orientation of consciousness are paramount. The end of a great evolutionary cycle is near and we are all capable of moulding the new one: *A New Chapter* gives us valuable and workable indicators for an 'Evolution Revolution.'

To the contents: Dana Mrkich's chapters are carefully chosen. She leads her readers through the topics with much feeling and empathy, so that we can easily comprehend what is going on, not only in the outer but also in our own inner world. With her description of her own experiences Dana's book achieves a high level of authenticity. A channel for Spirit in her own right, Dana encourages us to question the truth of any guidance passed on to us. Rather by encouraging the reader to self-responsibility Dana leads the human being back to himself, again and again.

With her vision for a new world, she leads us to awareness and responsibility toward Mother Earth and her resources, sensibility to the holiness of our planet and the meaning of this great gift. Dana does not provide us with a list of 'do's and don'ts' but leads us to our own self. She thereby demonstrates how our collective path to wholeness may be realised. And yet, Dana encourages us to go our own way, to feel ourselves and to have the courage of being uncomfortable in so doing. To stand up to our very own truth and openly reveal it, always accepting and questioning ourselves and others, always inquiring. Dana also shows us our dark sides, how we can recognise and learn to live with them instead of ignoring them. All of this is presented very lovingly!

With concrete examples Dana describes possible means of changing consciousness. The wording has been chosen in such a familiar way so as to enable us to re-enact these examples in our own world of reality. She encourages women to unfold their natural, feminine Divinity and her words accompany us on our path to a naturally perceived enlightenment and awareness. Yes, it is a feeling of simplicity and understanding which Dana conveys to us that goes into making this book so attractive and fascinating.

For those to whom this seems to be too simple I would like to mention that Dana Mrkich writes in full recognition of the fact that each individual requires much practice in the implementation of knowledge. According to Dana, daily practice, including conscious awareness and conscious action, is important on our path in life and it can be very rewarding to find out why a particular exercise is appropriate at a given moment in time. Dana places special importance on leading us to our inner energy and trusting in our intuition in order to feel the sensation of our true, authentic self.

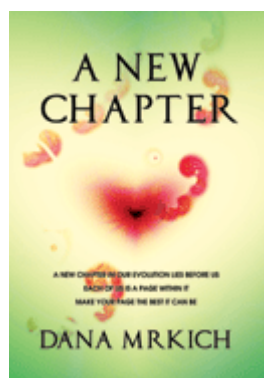
*A New Chapter* is a wonderful book encouraging us to live our dreams without forgetting our brothers and sisters, showing us that only the energy of living within generates the ability to live in peace and love with all humanity.

'Create a New Reality' ... YES...

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Zurich, Switzerland, March 2007



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Australia's Dana Mrkich offers Soul Sessions to clients all around the world to help people step into their true self and best possible reality. She is a passionate advocate for empowering, inspiring media, and the merging of consciousness with action in the social and political arenas.

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