

(X)change consciousness | Programme | 5th WSF World Spirit Forum | January 20.-23., 2008 | Arosa/Switzerland | Schulhaus

Sunday, January 20th		Monday, January 21st	Tuesday, January 22nd	Wednesday, January 23rd		
		07:30 - 08:00	Morning Rituals	Morning Rituals	Morning Rituals	07:30
			Body and Mind: Walk t Mount.	Body: Qigong: R. Weibel	Body and Mind: Walk t Mount.	
			Chaple, Service: Pfr. Richwinn	Mind: Meditation	Chaple, Service: C. Quarch	
		08:00 - 09:30	Break	Break	Break	08:00
		09:30 - 10:30	Inspirational Dialogues	Inspirational Dialogues	Impulse for Change	09:30
			<i>Does Gl. Climate Change demand a Gl. Spirituality?</i>	<i>How to use our Knowledge wisely?</i>	WSF and WEF:	
			A J. Wendland / S.B. Shepard	Angaangaq / L. Röthlisberger	S. Castagnoli / Angelina Lazar	
			B P. P. Shukla / Michael Bordt	S. Paulick / A. B. Singh	"Message to Davos"	
		10:30 - 11:00	Break	Break	Break	10:30
10:30	Opening Ceremony	11:00 - 12:00	(X)change	(X)change	Circle Talks	11:00
11:08	Departure to Arosa		4 Circles with Dial. Partners and other contributors	4 Circles with Dial. Partners and other contributors	4 Open Circles	
12:09	Arrival Arosa	12:00 - 14:00	Break	Break	paralell: Press Conference	
	Check in Hotels		Lunch at Arosa Restaurants	Lunch at Arosa Restaurants	Closing Ceremony	12:00
	Lunch at Arosa Restaurants				1 Flag to each of the four winds	
	Arosa Schulhaus	14:00	Catalyst for Change	Choose the Change	The End	12:30
14:30	Registration		1. Inspiring Youth	Active Youth (+ S. Liberth)		
15:00	Paint the (X)change		2. Melting t. Ice i. t. Heart o. Man	Fostering "Climate Change"	Departure to Chur	12:48
	with the Rainbow Project		3. When the soul sings	...	Arrival Chur	13:52
15.45	Break		4. (x)change of consciousness	...		
	continue painting				Departure every hour at XX:48	
	Opening in Arosa	16:00 - 16:30	Break	Break		
16:30	Fire Ritual w. painted Flags outside	16:30	(X)change	(X)change		
	Putting up t. Flags / Welc. Speech		1 question f. the 4 Catalyst	Youth-Time (0,5h) and		
	S. Castagnoli, H. K. Schwarzenbach		Sessions to review together	Dialogue with all contributors		
18:00	Soup and Punch a. Tea outside	18:00	Walk to Cable Car Station	Break		
		18:30	Departure to Tschuggenhütte	Frugal Banquet 18:30		
		19:30	Swiss Evening	Break 20:00 - 20:30		
20:00	Imagine Change		Cheese Fondue	Changing Power of Music		
	Film: IRIK with Director T. Bertschi	21:30	Night Ritual:	20:30 - 21:45 Moving Sounds		
22:00	Night Ritual: Space in between		Torch Walk to the valley	Night Ritual (21:45): Silence		
22:30	End	22:00	End	End		

Break Board: We keep it frugal. Arosa Water, Coffee, Tea, Swiss Apples and farm-baked Bread.

Lunch: Self Payment. Free choice of Arosa Restaurants.

Subject to Alterations