



WSF Newsletter | December 2008 |

Dear WSF Friends |

Christmas for me happens in a very labour-intensive time because of the yearly WSF Forum which always takes place in January. So the WSF Team works flat out in December. When I wrote an email the other day and typed the motto: "Discovering Soul", I asked myself: "What does Christmas essentially provide our soul?"

The question rose up again, when I talked to my wife about how to spend Christmas. No easy question indeed. I am the "Christmas Romantic" and I love traditional Christmas with all the frills. She has got more than 20 years experience in "Silent Night(s)" alone and without any "Christmas Blues". But for the both of us it is equally important to have a nice passing of the old year and the same with the forerun of the upcoming WSF.

Already in the last year we rediscovered the Twelve Holy Nights between Christmas and Epiphany (24.12.-06.01.) which sometimes are regarded as the "spiritual heart" of the year. A yearly time when individual souls and the World Soul are most connected. It is a time for special attention to our "inner path". The idea that our dreams in this time are more lucid than usually and every dream of the 12 nights contains a reference for personal inner growth in the following 12 months is a very vibrant idea to us.

For the 24th the so called „Mother Night“ of the Holy Nights we have decided to pay a visit to (Mother) Nature. So we will look for a beautiful place in the forest and spoon a warm soup brought along being clothed warmly and will inflame a light.

In December 1911 Rudolf Steiner wrote about the light:

„It is this light, which in the Holy Night shines to us as a symbol of the Human Light from it's origin. This light which in the new times has been represented by the lights of the Christmas Tree: it is at the same time, understood properly, the light, which gives us the best, most forceful strengths for our soul which is longing for the genuine, authentic World Peace, the genuine, authentic World Inspiration, the genuine, authentic World Hope.“

(Origin: only German: http://www.anthroposophie.net/steiner/bib_steiner_weihnachten_inspirationsfest.htm)

With this in mind we are looking forward to our Christmas Holidays where we want to celebrate life and it's source silently instead of a loud and glitzy Christmas time.

The 6th WSF World Spirit Forum in January will become a real „Festival of the Soul“ too and toda I would like to invite all you WSF Friends again together with the WSF Team.

For all further information and a description of our event concept please have a look at our website: <http://www.worldspiritforum.org/en/index.php>

May our Happy Holidays be “soulful” and may our souls come to maturity and get strengthened with the help of all our actual and coming challenges.



Sesto Giovanni Castagnoli

Präsident des WSF World Spirit Forum

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